



Idalia School District RJ-3

GYM/WEIGHT ROOM USE FORM

PERSONAL INFORMATION

Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____ Cell: _____

E-mail address: _____

Emergency Contact: _____ Phone: _____

GYM/WEIGHT ROOM GUIDELINES

- No outside shoes on the gym floor
- No horseplay - Improper use of equipment may result in injury.
- Put weights/equipment away when finished using it.
- Please turn off lights if you are last one out.
- If equipment is broke please notify school personnel immediately.
- Please wipe down equipment as needed after use.
- ONLY WATER ALLOWED! No food or pop allowed in the weight room or gym.
- Weight room/gym are not supervised, please DO NOT exercise alone.
- **Anyone under the age of 18 MUST be supervised by fob holder/parent/guardian.**
- Notify administration immediately if fob is misplaced.
- Fob holder responsible for any damage to equipment or premises that may occur.
- Fobs issued to district/community residents only.
- Violations of the above listed rules can result in deactivation of the issued fob.
- Gym/weight room hours: Monday-Thursday 4:00 a.m.-7:30 a.m. & 6:00 p.m.-11:45 p.m.
Friday, Saturday & Sunday: 4:00 a.m. to 11:45 p.m.

FOB HOLDER OPTIONS

Please choose (1) option below.

_____ **New Fob Holders**

\$25.00 deposit required. If fob is returned at the end of use, the \$25 will be refunded.
 \$25.00 annual usage fee (non-refundable).
 Total due \$50.00

_____ **Fob Renewal**

Renew every January.
 Fobs not renewed as of January 31 will be deactivated.
 \$25.00 annual usage fee (non-refundable).
 Total due \$25.00

By signing below, I agree to the above guidelines and understand that violation of the guidelines may result in a suspension of weight room use.

Name (Please Print)

Signature

WAIVER AND RELEASE OF LIABILITY

I, _____, understand and hereby acknowledge that participation in the activities registered for involve INHERENT RISKS AND HAZARDS. I VOLUNTARILY accept and assume all such RISKS AND HAZARDS and do hereby release Idalia School District RJ-3 from any and all liability including, but not limited to bodily injury, personal injury, and/or property damage and to save and agree to save, defend, indemnify and hold harmless Idalia School District RJ-3, its agents and employees from any and all claims, expenses, demands, or causes of action of whatsoever kind or nature resulting from my VOLUNTARY participation in said activities. I accept the responsibility for any and all damages that might occur during my use of the facility.

Dated: _____

Signed: _____

WAIVER AND RELEASE OF LIABILITY MINORS

As the parent or legal guardian of the below listed minor children, I _____, further understand and agree that:

- 1) I am responsible for their actions and that the above stated provisions of this WAIVER AND RELEASE OF LIABILITY apply to each of them, their heirs, successors, assigns, and legal representatives; and
- 2) Any future claims or charges, known or unknown, are barred should the minor child/children upon reaching the age of majority (age 18 and 21) attempt to bring a separate claim, demand or cause of action against Idalia School District RJ-3. In the event that a claim is filed, I, the parent/guardian of the minor child, agree to defend, indemnify, hold harmless the District, its Board, employees and volunteers for any and all claims, damages, etc.

MINOR CHILDREN

Dated: _____

Signed: _____

OFFICE USE ONLY

Date Received: _____

Amount Received \$ _____ **Check #** _____

FOB # _____

FOB Return Date: _____ **Deposit Returned Date:** _____